## Adult Respiratory Emergencies: Airway Obstruction

#### I. All Provider Levels

- 1. Refer to the Patient Care Protocol.
- 2. If airway is open and respirations are adequate provide 100% oxygen via NRB face mask.
  - A. If respiratory effort is inadequate assist ventilations utilizing BVM with 100% oxygen.
- 3. If the patient is conscious and cannot speak
  - A. Deliver 4 abdominal thrust and reassess.
  - B. Repeat until obstruction is cleared or patient goes unconscious.
- 4. If the patient is unconscious



**Note Well:** EMT-I and EMT-P should go to direct laryngoscopy utilizing magill forceps

- A. Provide abdominal thrust and ventilations. Transport immediately.
- 5. Initiate advanced airway management with Combi-tube if respiratory effort is inadequate after obstruction is cleared.



**Note Well:** EMT-I and EMT-P should use ET intubation.

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#### II. Advanced Life Support Providers

1. Perform one attempt at direct laryngoscopy utilizing magill forceps to remove foreign body.



### III. Transport Decision

1. Transport immediately to the closest appropriate facility.



### IV. The Following Options are Available by Medical Control Only

1. If airway is still obstructed, consider cricothyrotomy.

Effective Date: 1 May 2002 Revision Number: N/A
Revision Date: N/A Page C1.2